

Tamara Sachs MD – Continuing Medical Education (CME) --- Abridged

DATES	TITLE	ORGANIZATION, SPEAKER, LOCATION
10/12/18	Safe Competent Opioid Prescribing: Optimizing Office System	Boston University
5/31 to 6/2/18	IFM – Continuing Education Certificate of Completion	Hollywood, FL
12/02/17 – 12/03/17	Reversing Cognitive Decline	Institute for Functional Medicine, FL
10/19/17	Nutraceutical and Medicine	Nutraceuticals and Medicine, IN
02/19/2015 – 02/21/2015	Spotlight on Pain Management, Hands-on Experiential Education A Call to Healing the Healthcare System	Integrative Healthcare Symposium, NY
05/29/20014 --- 05/31/2014	Applying Clinical Nutrition through the Functional Medicine Lens: Transform Your Clinical Practice and Patient Outcomes	The Institute for Functional Medicine, CA
05/30/2013 --- 06/01/2013	Illuminating the Energy Spectrum, Exploring the Evidence and Emerging Clinical Solutions for Managing Pain, Fatigue and Cognitive Dysfunction	The Institute for Functional Medicine, TX
05/31/2012 --- 06/02/2012	A New Era in Preventing, Managing and Reversing Cardiovascular and Metabolic Dysfunction	The Institute for Functional Medicine, AZ
12/05/2011 --- of 12/11/2011	The Psychology of Health, Immunity & Disease	National Institute for the Clinical Application Behavioral Medicine
11/05/2011	21 st Century Advances in Detoxification For the Management of Chronic Illness	Metagenics, Jeffrey Bland, MA
11/06/2011	Clinical Strategies for Restoring Energy and Optimizing Health	Metagenics, Jeffrey Bland, MA
05/14/2011	The Immune System: The cause & solution to chronic disease; Workshop on NY composition, formulation & Processing of quality Nutritional Supplements	Seroyal, Nigel Plummer,

04/28/2011 --- 04/30/2011	The Challenge of Emerging Infections in The 21 st Century: Terrain, Tolerance and Susceptibility	The Institute for Functional Medicine, WA
05/18/2010	Natural Medicines in the Clinical Management of Osteoporosis	Therapeutic Research Center
04/24/2010	Nutraceuticals and Medicine Spring 2010, Conference: The Role of Nutraceuticals, Integrative Medicine, Diet and Nutrition in Disease Management and Prevention	The Foundation for Care Management, AZ
09/13/2009	Nutrigenomic Therapies for Autoimmune Disease	Metagenics, Dr. Thomas O'Bryan, NY
09/11/2009	Fibromyalgia: Managing the Patient Who Hurts Too Much	The Foundation for Care Management, AZ
08/29/2009	Hormonally Sensitive, Early-stage Breast Cancer: Current Considerations and New Directions	Medical Education Resources, Inc.
02/08/2009	The Future of the Clinic: New Frontiers	Metagenic, Jeffrey Bland, NY
11/08/2008	Unlocking the Secrets of Gluten	Metagenics, Dr. Thomas O'Bryan, NY
06/27/2008	Integrative Oncology: Challenges and Controversies	Conventional, Integrative Alternative Therapies
05/22/2008 --- 05/25/2008	The Many Faces of Pain: Functional Models for Assessment & Treatment	The Institute for Functional Medicine, CA.
11/26/2007 --- 12/01/2007	Applying Functional Medicine in Clinical Practice (2 nd Time)	The Institute for Functional Medicine, GA
10/27/2007	Nutraceuticals & Medicine Conference: Role of Nutraceuticals, Diet and Nutrition in Disease Prevention	The Foundation for Care Management, TN

05/23/2007 ---
05/26/2007

21st Century Endocrinology: Thyroid & And Adrenal as Sentinel Organs

The Institute for Functional Medicine, AZ

03/24/2007

Nutraceuticals & Medicine Spring 2007 Conference: Role of Nutraceuticals,
Diet & Nutrition in Disease Prevention

The Foundation for Care Management, CA

01/26/2007 --- 01/28/2007	Nutritional Therapy in Medical Practice	American College for Advancement in Medicine, NV
04/01/2006	Role of Nutraceuticals, Diet and Nutrition in Disease Prevention	The Foundation for Care Management, AZ
03/03/2006 --- 03/05/2006	The International Complementary Natural Healthcare Conference and Expo	Integrative Healthcare Symposium, NY
04/19/2006 --- 04/22/2006	Managing Biotransformation: The Metabolic, Genomic, and Detoxification Balance Points	The Institute for Functional Medicine, FL
03/19/2005	The Role of Nutraceuticals, Diet, Exercise and nutrition in disease prevention	The Foundation for Care Management, CA
04/02/2005	Applying Nutrigenomics in Clinical Practice To Reshape Your Patients' Health	Metagenics --- Jeffrey Bland, NY
05/24/2005 --- 05/28/2005	The Immune System Under Siege: New Clinical Approaches to Immunological Imbalances in the 21 st Century	The Institute for Functional Medicine, CA
05/11/2004 --- 05/15/2004	The Coming Storm: Reversing the Rising Pandemic of Diabetes and Metabolic Syndrome	The Institute for Functional Medicine, BC
10/23/2004	The Role of Nutraceuticals, Diet and Nutrition in Disease Prevention	The Foundation for Care Management, TN
06/25/2004 --- 06/27/2004	Frequency Specific Seminar Core	Carolyn McMakin, OR
05/02/2004	Mastering the 8 Core Factors of Optimal Wellness and Health Restoration	Metagenics, Jeffrey Bland, MA
04/03/2004 --- 04/04/2004	Advanced Training in Clinical Nutrition	Crayhon Research, Inc. NY
10/13/2003 --- 10/18/2003	Applying Functional Medicine in Clinical Practice	The Institute for Functional Medicine, MA

04/09/2013 04/13/2003	Comprehensive Cancer Care	The University of TX Medical School at Houston, DC.
03/29/2003	The Role of Nutraceuticals and Nutrition in Disease prevention	The Foundation for Care Management, CA
10/05/2002	The Role of Nutraceuticals and Nutrition in Disease Prevention	The Foundation for Care Management, TN
09/21/2002	Nutritional Pharmacology	Designs for Health, NY
03/23/2002	The Role of Nutraceuticals and Nutrition in Disease Prevention	The Foundation for Care Management, AZ
12/03/2001- 12/09/2001	The Psychology of Health, Immunity and Disease	The National Institute for Clinical Application of Behavioral Medicine, SC
10/12/2001 --- 10/13/2001	Fall Nutraceuticals and Medicine Conference	The Foundation for Care Management, TN
04/27/2000 --- 04/30/2000	Advance Training and Clinical Nutrition	Designs for Health, NV
03/12/2000 --- 03/15/2000	Complementary and Alternative Medicine	Harvard Medical School, CT